

MMABANA ARTS, CULTURE AND SPORT FOUNDATION



AEROBICS & ROPE SKIPPING INSTRUCTOR: DRSM (TAUNG); NMM (LEHURUTSHE) & BOJANALA (RUSTENBURG) (X3)

REFERENCE NO: [MACSFDRSM/130824/20](#)

REFERENCE NO: [MACSFNMM/130824/21](#)

REFERENCE NO: [MACSFBOJ/130824/22](#)

Post Level 6

R 266 153,16 AS A BASIC SALARY AND EXCLUDING BONUS AND BENEFITS

1. Duties and Responsibilities

- Conduct Aerobics Classes.
- Instruct and supervise participants in Circuit Training and body-building.
- Prepare and participate in Aerobics and Fitness events for the entire Foundation.
- Assist with general administration of the unit.
- Coach/Instruct Gymnastic Rope Skipping (Render excellent training)
- Prepare learners & participate in Rope skipping events for the entire Foundation.
- Assist with general administration of the unit.
- Draw daily attendance register for students.
- Assist with preparation of MACSF events.

2. Minimum Requirements

- Candidates must at least have an Aerobics Instruction Qualification and
- More than 2 years' experience in Aerobics and Fitness/Body-building.